



### Library Extended Opening Hours

In the run-up to exams, UCD Library now has longer hours! The James Joyce Library is now open from **8.30am until 12 midnight, Monday-Friday** and **9am-9pm** at weekends. Our other libraries are now open later Monday-Thursday.



# Temporary Exam Support Applications are Open

If you have an injury or temporary condition, applications for temporary exam supports for in-person exams are now open on SISWeb. For eligibility and how to apply, please see the website. Closing date **Wednesday**, **27 April** at **12pm**.



# Volunteer at UCD Orientation 2022

Do you want to volunteer as an Orientation Guide for UCD Orientation 2022? We have a range of volunteer opportunities available to provide you with a chance to get involved in welcoming the next UCD Freshers, have fun and be part of a great week! Apply today!



# Supports Available for Students with Disabilities

All students in UCD with a disability or significant ongoing illness have the opportunity to receive relevant academic and/or exam supports. Please email disability@ucd.ie by **19 April** if you wish to arrange supports this trimester.



# The Campus Bookshop Book Sale

From **Monday, 11 April to Friday, 22 April** there will be a reduction of 20% to 70% on all books in stock (This does not include special orders).



# Apply Now to be 2022-23 UCD Peer Mentor

Applications are now open for the 2022-23 Peer Mentor Programme. Volunteer to be part of this programme where you'll help first years become familiar with their course and campus and their transition to college. All Peer Mentors receive training. Aplly via SISWeb - Programme Services



### UCD Library Exams and Revision Help

With exams coming up at the beginning of May, now is the time to check out UCD Library's Exams and Revision guide. It has top tips on both, including timetabling, organising notes, study groups and looking after your well being.



# Work Life Balance Key at Exam Time

Now that the exam timetable is out exams are on everyone's mind. Remember to balance your study and work with time for relaxation, friends, exercise and hobbies. If you are feeling overwhelmed, please contact your Student Adviser.

Free Screenings of Award-winning Documentaries at the UCDVO Film Series!



Check out the dates, movies and guest speakers for the UCDVO Film Series taking place in the UCD Cinema every **Monday** at **6pm** until May. Attendance is free of charge and all are welcome but please book in advance at info.ucdvo@ucd.ie



Healthy UCD event: "Wellbeing Wednesday", 13 April

The day will feature a number of free events including a HIIT class, gym challenges with prizes, a yoga class and seminars on training and healthy eating. Visit our website for more info or to sign up!





**Wednesday, 27 April (1pm)** - Join alumna Hannah Linehan and Dr Lollie Mancey – learn to think differently about your future! Put aside what you know and try a new way of thinking; a dynamic approach to problem solving. Register on Zoom.



Become a Career Ambassador

This is an exciting paid role for a student to promote the work of the UCD Careers Network. As a Career Ambassador, it is an excellent opportunity to be part of a leadership programme where you can work flexibly and develop important skills.



### Volunteer to Support Refugees Arriving into Ireland

If you are interested in registering your interest in volunteering to support refugees arriving into Ireland, please fill out this google form. UCD in the Community will be in contact with volunteer opportunities when they arise.

# A Healthy Diet for a Healthy Planet



UCD Institute of Food and Health is looking for volunteers for the MyPlanetDiet study. Recent studies show what and how we eat has an impact on the environment. We are working on creating a diet that is healthier for you, but also has less of an impact on our planet. Volunteers will receive personalised nutrition advice for a more sustainable diet. Sign up on our website today!



UCD Teaching and Learning Awards - Nominate Now

You are invited to nominate any UCD faculty or individual UCD employee for a UCD Teaching and Learning Award. These awards are for those who help students to develop, often beyond what they themselves have imagined. Nominations are anonymous.



### **ENGAGE 2022 Accessible Science Grand Final**

**Tuesday, 12 April 4.30pm:** ENGAGE 2022 Grand Final takes place both in person in UCD O'Brien Centre for Science and online. Register to see six PhD student finalists present their research to the general public in an accessible way.



# Tionól Gaeilge UCD 2022/ Irish Language Summer School for Adults

Gaeltacht UCD will run its 5th Irish language Summer school, **27 June-1 July**. Classes will be offered at 5 levels, lectures will be offered in both Irish and English and participants can enjoy bilingual cultural workshops each evening. Register on our website.



# What it Takes to be an Inclusive Leader

**Wednesday, 13 April (1pm)** - In this insightful session, UCD alumni Dr Lucy Michael, Sam Blanckensee, and Patricia Munatsi will share how to become an active ally and help build a culture of inclusion and belonging in your teams. Register via Zoom.

### **UCD Careers Podcast!**

All Things Careers is not your typical Careers podcast; this series we are delighted to share our quests' journeys as they tell the unique story of their



career paths & offer some insight & advice to students now looking to set out on their own journey.

The UCD Student Update is published fortnightly on a Tuesday during the academic term by the Communications Office, UCD Registry.



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